

# WILLIAM S. RYAN, Ph.D.

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## CURRENT POSITIONS

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**Assistant Professor**, Teaching Stream, Department of Psychology, University of Toronto, St. George, 2019 - present

**Behavioural Scientist & Independent Research Consultant**, Immersyve, Inc., 2017- present

## EDUCATION

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2017	Ph.D. Psychological & Brain Sciences Interdisciplinary Emphases in Quantitative Methods for the Social Sciences and Certificate in College & University Teaching University of California, Santa Barbara
2009	B.A. in Psychology Smith College, Northampton MA Magna Cum Laude

## FELLOWSHIPS AND AWARDS

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2015	Fiona Goodchild Award for Excellence as a Graduate Student Mentor of Undergraduate Research
2015 – 2016	National Science Foundation Extension Fellowship
2011 – 2014	National Science Foundation Graduate Research Fellowship
2013	Society for Personality & Social Psychology Diversity Fund Travel Award
2009	Phi Beta Kappa, Smith College
2007	Summer Research Fellow, Smith College, Northampton MA

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## RESEARCH

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\*Asterix indicates mentee coauthor

## RESEARCH INTERESTS

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Stigmatized identities, Health & well-being, Workplace wellness & diversity, Sexuality and sexual prejudice, Student motivation & well-being, Psychophysiological methods (cardiovascular and neuroimaging techniques)

## REFEREED PUBLICATIONS

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### Journal Articles

Al-Khouja, M., Weinstein, N., **Ryan, W.S.**, & Legate, N. (2022). Self-expression can be authentic or inauthentic, with differential outcomes for well-being: Development of the authentic and inauthentic expression scale (AIES). *Journal of Research in Personality*. 97, 104191

Johnston, P. R.\* , Volkov, A.E.\* , & **Ryan, W.S.**, & Lee, S.W.S. (2022). Planning, conducting, and

analyzing a psychophysiological experiment on challenge and threat: A practical guide. *Behaviour Research Methods*. <https://doi.org/10.3758/s13428-022-01817-4>

- Psychological Science Accelerator Self-Determination Theory Collaboration (2022). A global experiment on motivating social distancing during the COVID-19 pandemic. *Proceedings of the National Academy of Sciences*. DOI: 10.31234/osf.io/n3dyf
- Jaremka, L. M., Ackerman, J. M., Gawronski, B., Rule, N. O., Sweeny, K., Tropp, L. R., Metz, M.A., Molina, L., **Ryan, W. S.**, & Vick, S. B. (2020). Common academic experiences no one talks about: Repeated rejection, impostor syndrome, and burnout. *Perspectives on Psychological Science*, 15, 519-543.
- Legate, N., Weinstein, N., **Ryan, W. S.**, DeHaan, C. R., Ryan, R. M. (2019). Parental autonomy support predicts lower internalized homophobia and better psychological health indirectly through lower shame in lesbian, gay and bisexual Adults. *Stigma & Health*, 4, 367-376.
- Lin, Y.J., Israel, T., & **Ryan, W.S.** (2019). Reducing sexual and gender minority internalized stigma: Development of theory driven interventions. *Journal of LGBT Issues in Counseling*, 13, 276-292.
- Moors, A., **Ryan, W. S.**, & Chopik, W. B., (2019). Multiple loves: The effects of attachment with multiple concurrent romantic partners on relational functioning. *Personality & Individual Differences*, 147, 102-110.
- Ryan, W. S.**, & Ryan, R. M. (2019). Toward a social psychology of authenticity: Exploring within-person variation in self-disclosure, congruence, and genuineness using self-determination theory. *Review of General Psychology*, 23, 99-112.
- Weinstein, N., Legate, N., **Ryan, W. S.**, & Hemmy, L. (2018). Autonomous orientation predicts longevity: New findings from the nun study. *Journal of Personality*, 87, 181-193.
- Cieslak, M., **Ryan, W. S.**, Babenko, V\*, Erro, H.\*, Rathbun, Z.M.\*, Meiring, W., Kelsey, R., Blascovich, J., & Grafton, S. (2017). Quantifying rapid changes in cardiovascular state with a moving ensemble average, *Psychophysiology*, 1-17.
- Ryan, W. S.**, Hunger, J. M., & Major, B. N. (2017). Applying intergroup relations to understanding LGB health disparities threat. *Journal of Social Issues*. 73(3), 477-492.
- Ryan, W. S.**, Legate, N., Weinstein, N. & Rahman, Q. (2017). Autonomy support fosters lesbian, gay, and bisexual identity disclosure and wellness, especially for those with internalized homophobia. *Journal of Social Issues*, 73, 289-306.
- Weinstein, N., Legate, N., **Ryan, W.S.**, Cozzolino, P. J., & Sedikides, C. (2017). Autonomy support for conflictual and non-conflictual identities: Effects on ownership and Psychological Health. *Journal of Counseling Psychology*, 64, 584-599.
- Afifi, W., Gangi, K., Blascovich, J., Afifi, T., Cornick, J., Merrill, A., **Ryan, W. S.** & Sterling, K. (2016). Mothers' impact on daughters' cardiovascular reactivity in a high-threat context: An immersive virtual environment study. *Human Communication Research*, 42, 371-395.
- Ryan, W. S.**, Legate, N., & Weinstein, N. (2015). Coming out as lesbian, gay, or bisexual: The lasting impact of initial disclosure experiences. *Self and Identity*, 14, 549-569.
- Cieslak, M., **Ryan, W. S.**, Macy, A., Kelsey, R. M., Cornick, J. E., Verket, M.\*, Blascovich, J., & Grafton, S. (2014). Simultaneous acquisition of functional magnetic resonance images and impedance cardiography. *Psychophysiology*, 52, 481-488.
- Weinstein, N., **Ryan, W. S.**, DeHaan, C. R., Przybylski, A. K., Legate, N., & Ryan, R. M. (2012). Parental autonomy support and discrepancies between implicit and explicit sexual identities: Dynamics of self-acceptance and defense. *Journal of Personality and Social Psychology*, 102, 815-832.

## Book Chapters

- Ryan, W.S., & Moore, A.\* (in press). A Self-Determination Theory Perspective on Stigma & Prejudice. In R.M. Ryan's (Ed.) *Oxford Handbook of Self-Determination Theory*. Oxford University Press.
- Ryan, R. M., **Ryan, W. S.**, & Di Domenico, S. I. (2019). Beyond reinforcement: Deci (1971) on the effects of rewards on self-determination and intrinsic motivation. In P. J. Corr (Ed.), *Classic Studies in Personality Psychology* (pp. 137-154). Sage Publishing.
- Ryan, R. M., **Ryan, W. S.**, Di Domenico, S. I., & Deci, E. L. (2019). The nature and conditions of human autonomy and flourishing: Self-determination theory and basic psychological needs. In R. M. Ryan (Ed.), *The Oxford Handbook of Human Motivation, 2<sup>nd</sup> Edition*. (pp. 89-110). Oxford University Press.
- Ryan, W. S.**, Cornick, J., Blascovich, J., & Bailenson, J.N. (2019). Virtual reality: Whence, how and what for? In A.A. Rizzo & S. Bouchard (Eds.), *Virtual Reality Technologies for Health and Clinical Applications: Psychological and Neurocognitive Interventions* (pp. 15-46). Springer, Inc.: New York, NY.
- Ryan, R. M., Di Domenico, S. I., **Ryan, W. S.**, Deci, E. L. (2017). Pervasive influences on wellness and thriving: Cultural, political, and economic contexts and the support of basic psychological needs. In F. Guay, H. W. Marsh, & D. M. McInerney (Eds.), *SELF – Driving Positive Psychology and Wellbeing: Vol. 6. International Advances in Self Research*. Information Age Publishing: Charlotte, NC.
- Khooshabeh, P., Scherer, S., Ouimette, B., **Ryan, W.S.**, Lance, B.J., & Gratch, J. (2015). Combining advanced computational behavior analysis, cardiovascular psychophysiology, and virtual humans to infer affective psychological states. In *Advances in Computational Psychophysiology, A sponsored supplement of Science*, (pp. 34-35). Washington, D.C.: Science/ AAAS.
- Legate, N., & **Ryan, W. S.** (2014). Autonomy support as acceptance for disclosing and developing a healthy lesbian, gay, bisexual or transgender identity. In N. Weinstein (Ed.), *Integrating Human motivation and interpersonal relationships: Theory, research, and applications* (pp. 191-212). Netherlands: Springer.
- Ryan, W. S.**, & Blascovich, J. (2014). Measures of attitudes towards sexual orientation: heterosexism, homophobia, and internalized stigma. In G. Boyle & D. Saklofske (Eds.), *Measures of personality and social psychological constructs* (pp. 719-751). London, United Kingdom: Academic Press.
- Whittier, N., & **Ryan, W. S.** (2011). Between comfort and confrontation. In A. E. Ginsberg & K. Bojar (Eds.), *And finally we meet: Intersections and intersectionality among feminist activists, academics, and students* (pp. 17-28). Baltimore, Maryland: Towson University's Institute for Teaching and Research on Women.

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## NON-REFEREED PUBLICATIONS

- Ryan, W.S.**, Conigrave, J., Basarkod, G., Chiarrochi, J., & Sahdra, B. (2019). When is it good to use wristband devices to measure HRV?" Introducing a new method for evaluating the quality of data from photoplethysmography-based HRV devices. *PsyArXiv*.
- Ryan, R. M., & **Ryan, W. S.** (2012). Homophobic? Maybe you're gay. *New York Times*, April 27th. [http://www.nytimes.com/2012/04/29/opinion/sunday/homophobic-maybe-youre-gay.html?\\_r=0](http://www.nytimes.com/2012/04/29/opinion/sunday/homophobic-maybe-youre-gay.html?_r=0)

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## MANUSCRIPTS UNDER REVIEW

- Ryan, R.M., Duineveld, J., Di Dominico, S.I., **Ryan, W.S.**, & Bradshaw, E.M., (under review). We know this much is (meta-analytically) true: A review of meta-analytic findings within self-determination theory.

Meng, A.\*, & **Ryan, W.S.** (under review). More than just a test: A self-determination theory perspective on the Gaokao's impact on Chinese high school students' well-being.

## MANUSCRIPTS IN PREPARATION

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**Ryan, W.S.**, Weinstein, N., Nguyen, T. (in prep). Seeking solitude after social rejection replication and extension through a self-determination theory lens.

## INVITED WORKSHOPS

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**Ryan, W.S.** (June, 2017). *Cardiovascular physiology: Collecting, processing, and analyzing cardiovascular data*. Three-day paid workshop presented at University of California, Santa Barbara, CA.

**Ryan, W.S.** (June, 2016). *Introduction to cardiovascular physiology*. SPSSI Graduate Student Committee / American Psychological Association of Graduate Students (APAGS) Methodology Webinar Series.

**Ryan, W.S.** (March, 2016). *Cardiovascular psychophysiology*. Two-day workshop given at the Institute for Positive Psychology & Education at Australian Catholic University, Sydney, AU on the collection, analysis, and interpretation of cardiovascular reactivity measures.

## ORAL PRESENTATIONS

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**Ryan, W.S.** (2022). Linguistic Authenticity in Coming Out Narratives & Its Relation to Well-Being. Talk presented in "Views on Authenticity" Symposium at the 2020 SELF international conference to be held in Quebec City. Symposium accepted and scheduled to be presented in June 2020, rescheduled for June 2022.

Reeve, J. & **Ryan, W.S.** (May, 2019). What is the current state-of-the-art in neuroscience and psychophysiology? Co-led information and brainstorming session at the International Conference for Self-Determination Theory.

**Ryan, W.S.** & Cieslak, M. (January, 2017). Improving the ease, reliability, & temporal resolution of cardiovascular data. Talk presented at the New Methods Preconference, Society for Social and Personality Psychology annual meeting in San Antonio, TX.

**Ryan, W.S.** (November, 2016). Multiple loves: The Effects of attachment with multiple romantic partners on relationship & sexual satisfaction. In Lehmiller, J. (Chair), *Dynamics of Consensually Nonmonogamous Relationships*. Talk presented at the Society for the Scientific Study of Sexuality Annual Meeting, Phoenix, AZ.

**Ryan, W.S.** (November, 2015). Sexy measures for a sexy science: Simple ways to incorporate physiological measures in sex research. In Moors, A.C. (Chair), *How-tos, advice, dos, and don'ts: Sharing sexuality research strategies for recruitment, measurement, and accessibility*. Talk presented at the Society for the Scientific Study of Sexuality Annual Meeting, Albuquerque, NM.

**Ryan, W. S.** (March, 2015). Reappraising anxiety as excitement: Impact on physiological reactivity and quality of interracial interactions. Invited address, University of Michigan, Ann Arbor.

Moors, A., & **Ryan, W.S.** (February, 2015). Beyond the dyad: The effects of attachment with multiple concurrent romantic partners on satisfaction. Data Blitz presented at Sexuality Preconference, Society for Social and Personality Psychology annual meeting in Long Beach, CA.

Weinstein, N., **Ryan, W. S.**, & DeHaan, C. (July, 2010). What kind of parent-child relationships lead to homophobia (and by what mechanism)? In Assor, A. (Chair), *A self-determination theory perspective on close relationships*. Talk presented at the International Association for Relationships Research Conference, Hertzliya, Israel.

## POSTER PRESENTATIONS

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- Isaac, A. \*, **Ryan, W.S.** & Weinstein, N. (May, 2019). The British identity study: Autonomy support while discussing negative aspects of identity improves well-being by reducing defensiveness. Poster presented at the Self-Determination Conference, Egmond aan Zee, the Netherlands.
- Ryan, W.S.**, Isaac, A. \*, Legate, N., Niemeic, C., & Weinstein, N. (May, 2019). The impact of autonomy support on identity disclosure & well-being among sexual minority individuals. Poster presented at the Self-Determination Conference, Egmond aan Zee, the Netherlands.
- Isaac, A. \*, **Ryan, W.S.** (January, 2017). The British identity study: Autonomy support while discussing negative aspects of identity improves well-being by reducing defensiveness. Poster presented at Society for Social and Personality Psychology annual meeting in San Antonio, TX.
- Ryan, W.S.**, Legate, N., Weinstein, N., & Rahman, Q. (January, 2017). Autonomy support fosters identity disclosure & well-being, especially for those high in internalized homophobia. Poster presented at Society for Social and Personality Psychology annual meeting in San Antonio, TX.
- Ryan, W. S.**, Cieslak, M., Babenko, V., Grafton, S. T., & Blascovich, J. (February, 2015). Capturing fast dynamics of cardiovascular reactivity during fMRI. Poster presented at Society for Social and Personality Psychology annual meeting in Long Beach, CA.
- Kutchina, S., Bosson, J. B., **Ryan, W. S.**, & Legate, N. (February, 2015). Activating gendered self-concepts through culturally constructed contexts. Poster presented at Society for Social and Personality Psychology annual meeting in Long Beach, CA.
- Ryan, W. S.**, & Moors, A. (November, 2014). Multiple loves: The effects of attachment with multiple romantic partners on relationship and sexual satisfaction. Poster presented at Society for Scientific Study of Sexuality annual meeting, Omaha, NE.
- Ryan, W. S.**, Legate, N., & Bosson, J. B. (February, 2014). Situating gender: Examining individual differences in gendered attributes and the contexts that activate them. Poster presented at Society for Social and Personality Psychology annual meeting, Austin, TX.
- Ryan, W. S.**, Ouimette, B\*, Weinstein, N., & Legate, N. (January, 2013). Coming out as LGB: The lasting impact of initial disclosure experiences. Poster presented at Society for Social and Personality Psychology annual meeting in New Orleans, LA.
- Ouimette, B\*, **Ryan, W. S.**, & Weinstein, N. (January, 2013). Give me liberty and give me health: Gender differences in civil liberties predicting autonomy and health in 76 countries. Poster presented at Society for Social and Personality Psychology annual meeting in New Orleans, LA.
- Ryan, W.S.**, Weinstein, N., Legate, N., & DeHaan, C. (January, 2012). Implicit sexual orientation: Assessing the construct validity of a reaction time measure. Poster presented at Society for Social and Personality Psychology annual meeting in San Diego, CA.
- Legate, N., **Ryan, W. S.**, & Ryan, R. M. (January, 2012). Growing up gay: How parental autonomy support and cultural context impact self-concept and wellness of gay, lesbian and bisexual adults. Poster presented at Society for Social and Personality Psychology annual meeting in San Diego, CA.
- Ryan, W. S.**, DeHaan, C., & Weinstein, N. (January, 2011). The role of parents in predicting discrepancy between implicit and explicit sexual orientation. Poster presented at Society for Social and Personality Psychology annual meeting in San Antonio, Texas.
- Cowie, J., Maxner, S., Ratchford., **Ryan, W. S.**, & DiBartolo, P. (2009). The child and adolescent perfectionism scale: Factor analytic and convergent validity in a young adult sample. Poster presented at Smith College Collaborations, Northampton, MA and Association for Behavioral and Cognitive Therapies Annual Convention in New York, NY.

## ADDITIONAL RESEARCH TRAINING

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Reproducible data management, visualization, and analysis in R

Workshop by Dr. John Sakaluk of Western University & Artisan Analytics  
June 7<sup>th</sup> - 11<sup>th</sup> 2021

Data Visualization in R

Workshop at Society for Personality and Social Psychology (SPSP) annual conference.  
San Antonio, TX, January 20<sup>th</sup> 2017

Summer Institute in Social and Personality Psychology (SISPP)

Course on Embodied Cognition  
University of California, Davis, July 2013

Training workshop on topics and techniques in psychophysiology

Emotion, Health, & Psychophysiology Laboratory  
University of California, San Francisco, July 2011

Virtual Reality training seminar

WorldViz Headquarters  
Santa Barbara, CA, February 14<sup>th</sup> - 18<sup>th</sup> 2011

## COMPUTER & SOFTWARE SKILLS

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- R and R studio
- SPSS Statistical Analysis Software
- PROCESS macro for SPSS conditional process analysis
- MPLUS Structural Equation Modeling Software
- Linguistic Analysis and Word Count (LIWC) Text Analysis Software
- MEAP Cardiovascular Physiological Data Analysis Software (Software created by Matthew Cieslak & William S. Ryan)
- Biopac Cardiovascular Physiological Data Acquisition
- AcqKnowledge Physiological Data Analysis Software
- Mindware Physiological Data Analysis Software
- WorldViz Virtual Reality Software (Vizard)
- Coding written and video qualitative data
- Qualtrics Online Survey Tool

## SELECTED PREVIOUS RESEARCH POSITIONS

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09/2011- 07/2017	Graduate Researcher Research Center For Virtual Environments and Behavior Director: Jim Blascovich; University of California, Santa Barbara
01/2011 – 09/2011	Lab Manager Research Center for Virtual Environments and Behavior Director: Jim Blascovich; University of California, Santa Barbara
05/2010 – 08/2010	Intern Educational and Motivation Psychology Lab Director: Netta Weinstein, University of Hamburg, Germany
01/2009 – 06/2009	Research Assistant Clinical Psychology Lab Director: Nnamdi Pole, Smith College, Northampton, MA

02/2007 – 06/2008

Research Assistant  
Psychology of Women and Gender Lab  
Director: Lauren Duncan, Smith College, Northampton, MA

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## TEACHING

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### TEACHING EXPERIENCE

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**Instructor**, Department of Psychology, University of Toronto, St. George

Social Psychology: Attitudes	Fall 2020, Fall 2019, Spring 2019
Positive Psychology	Spring 2022, Fall 2021, Summer 2021, Winter/Spring 2021, Fall 2020, Summer 2020, Fall 2019
Health Psychology	Spring 2022, Fall 2021, Winter/Spring 2021, Fall 2020, Fall 2019, Summer 2019, Winter/Spring 2019, Fall 2018, Summer 2018
Organizational Behaviour	Spring 2022, Fall 2021, Winter/Spring 2021, Winter/Spring 2020

**Instructor**, Department of Psychological & Brain Sciences, UCSB

Health Psychology	Summer 2015, Summer 2016
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**Teaching Assistantships**, Department of Psychological & Brain Sciences, UCSB

Cognitive Psychology	Winter 2017
Laboratory in Advanced Research	Summer 2014, Fall 2014, Fall 2016
Introduction to Psychology	Summer 2016
Motivation	Spring 2015
Social Psychology	Winter 2015

**Teaching Assistantships**, Department of Psychology, Smith College

Psychology of the Black Experience	Spring 2009
Introduction to Psychology	Fall 2007 & 2008

### *Guest Lectures*

#### **University of Toronto**

Stigma & Health

#### **Chapman University**

Autonomy Support and Internalized Stigma

#### **University of California, Santa Barbara**

Sources of Prejudice: Where Does Prejudice Come From?

Self-Determination Theory: Psychological Needs & Motivation Stigma & Health

## ADVANCED TEACHER TRAINING & PROFESSIONAL DEVELOPMENT

The Science of Happiness with John Zelenski. Nelson Professional Learning.

Fostering Online/Remote Class and Group Discussions with PeppeR, Centre for Teaching Support & Innovation, UofT.

Adapting Experiential Learning to Remote Delivery. Experiential Learning & Outreach Support Team, Faculty of Arts & Science, UofT.

OISE Webinar: Mindfulness Practice, Dr. Shelley Murphey, UofT.

Connecting and Interacting with Your Students Online, Centre for Teaching Support & Innovation, UofT.

Organizing Your Course Content in Quercus, Centre for Teaching Support & Innovation, UofT.

Moving Assessments and Exams Online, Faculty of Arts & Science, IIT Teaching Technology Support Team, UofT.

Holding Online Lectures Using Bb Collaborate, Faculty of Arts & Science, IIT Teaching Technology Support Team, UofT.

Assessing Student Work and Providing Feedback Through Quercus, The Experiential Learning & Outreach Support Team, Faculty of Arts & Science, UofT.

Teaching & Learning Community of Practice (CoP), Department of Psychology, UofT Faculty of Arts & Science (*Facilitators: Drs. Suzanne Wood & Molly Metz*)

- *Engaging Students in Online Contexts; Using In-Person Time for Dual Delivery Courses.*
- *Third Annual Teaching Blitz* (Presenter)
- *Assignments and Assessments; Academic Integrity for Online Assessments.*
- *Lecture Tech for Livestreaming, Recording, and Captioning.*
- *A's for Effort? C's Get Degrees? How we can re-calibrate our assessments to decrease grade inflation, but still ensure student success.* Dr. Kosha Bramesfeld, Department of Psychology, UTSC
- *Workshop on Using Data from Midterms to Write a Better Final Exam.*
- *The Iterative Method: Learning Writing Through Conversation.* Dr. Paul Whissell
- *Second Annual Teaching Blitz* (Presenter)
- *Using Riipen to Facilitate Experiential Learning.* Dr. Ashley Waggoner-Denton

*Summer Teaching Institute for Associates*, Instructional Development, UCSB, May 2015-August 2015

*Teaching Assistant Advisory Panel*, Department of Psychological & Brain Sciences 2011-2012.

*Campus TA Orientation*, Instructional Development, UCSB, September 2011

## MENTORING EXPERIENCE

### **Independent Research Supervision**

<b>Project Type</b>	<b>Student</b>	<b>Project Title</b>	<b>Dates</b>
Independent Study	Emily Wang	Social Rejection & Solitude	9/2020-present
Independent Study	Khole Handleman-Kerman	Investigating the Effects of Minority Stress on Bisexuals' Mental Health Outcomes	8/2020-present
Independent Study	Muntaha Quaid	Motivating Pandemic-Related Health Behaviours at University	8/2020-present
Independent Study	Chanel Fu	Attitudes Toward Religion & Reactions	06/2020-

		to LGBTQ+ Identity Disclosure	present
Laidlaw Scholar & Independent Study	Yusra Shafi	Positive Universities During COVID-19	12/2020-present
Independent Study	Ange Meng	More than Just a Test: How the Gaokao Impacts Chinese High School Students' Well-Being	8/2020 – present
Independent Study	Carlos (Yuhao) Wang	Seeking Solitude after Social Rejection: Replication and Extension through a Self-Determination Theory Lens	8/2020 – 7/2021
Independent Study	Marta Bogacki	Seeking Solitude from a Self-Determination Theory Perspective	8/2020 – 7/2021
Independent Study	Matthew Landon	Well-being, SES, & Intrinsic Goal Aspirations: Basic Psychological Needs as a Mediator	8/2020-5/2021
Independent Study & Volunteer RA (Co-Supervisor)	Anastasia (Yijia) Shao	Coming out and Well-Being in LGBTQ Individuals	4/2019-5/2021
Student Project; Student engagement award recipients	Heba Qazilbash, Neha Matharu, Mehwish Siddiqui	The Effects of COVID-19 on Wellbeing Amongst Undergraduate Students: A Cross-Sectional Study	06/2020-02/2021
Undergraduate Research and Creative Activities Grant	Alexis Isaac	Difficult Identities: Autonomy Support Improves Well-Being by Reducing Defensiveness	01/2015 – 01/2017
Undergraduate Research and Creative Activities Grant	Suzanne Becker	Voicing Identity: LGBTQ Autonomy Support & Religious Ideology	10/2014 – 06/2015
Computer Science Capstone Project	Andre Abrahamian, Jon Chu, Matthew Garcia, Alexander Hsu	Kinect2VR: Integrating the Kinect with Immersive Virtual Technology	10/2012 – 06/2013
Institute for Collaborative Biotechnologies Summer Applied Biotechnology Research Experience (SABRE) Program	Ashley Jones, Jackson State University	Auditory Impacts on Cardiovascular Measures	06/2012 – 09/2012
UCSB Research Mentorship Program (for high school students)	Eva Chen, Ha Nguyen	Discrepancies in Implicit & Explicit Sexual Orientation Predict Homophobia & Physiological Threat	06/2012 – 09/2012

Undergraduate Research and Creative Activities Grant	Brett Ouimette	Images of Facial Deformities: Impact on Soliciting Charitable Responses	10/2011 – 06/2012
Undergraduate Research and Creative Activities Grant	Marlo Verket	Peripheral Indices of Motivational States	10/2011 – 06/2012

### **Presentations & Panels for Students**

**Ryan, W.S.** (November, 2021). Stress, Burnout, & Self-Care. Invited talk for the Positive Psychology Student Club (PPSC). University of Toronto, St. George.

**Ryan, W.S.** (October, 2021). Lets talk about Stress: Understanding & Coping with Stress & Burnout. Invited talk for Navigate Wellness Panel, University of Toronto, St. George.

**Ryan, W.S.** (October, 2020). Stress & Burnout. Invited talk presented to Psychology Undergraduate Research Club (PURC), University of Toronto, St. George.

**Ryan, W.S.** (September, 2020). Getting on my longest nerve: Mindfulness, stress, and the vagus nerve. Invited talk presented to Victoria College, University of Toronto, St. George.

**Ryan, W.S.** (December, 2020). Lets talk about Stress: Lessons From Positive Psychology for Coping with Stress & Burnout. Invited talk for the inaugural meeting of the Positive Psychology Student Club (PPSC). University of Toronto, St. George.

Tea with Profs Participant 2019, 2020, 2021, 2022

### **Other Mentoring Experiences**

10/2020 Psychology Undergraduate Research Club Faculty Mentor

09/2016 – 2019 Peer Mentor, The Society for The Psychological Study of Social Issues' (SPSSI) Peer Mentoring Program.

02/2015 Early-Career Student Mentor for Society for Personality and Social Psychology Annual Meeting, Long Beach, CA

### **UNIVERSITY & DEPARTMENTAL SERVICE**

#### **University of Toronto**

01/2022 – Present UofT, St. George Department of Psychology EDI Committee Member

01/2020 – Present Transfer Credit Assessor for the Psychology Department

06/2020 – Present Tri-Campus Psychology EDI Committee Member, Diversifying the Syllabus Subcommittee Chair.

2021 Selection Committee for Ketchum Bursary Award, Ketchum Scholarship, McNab Award, Department of Psychology Award, & Linda Mamelak Award

05/2020 Psychology Undergraduate Research Spotlight Co-Founder & Co-Organizer

2020 NSERC Undergraduate Student Research Awards, Selection Committee

## University of California, Santa Barbara

06/2016 – 04/2017	Graduate Assistant, Resource Center for Sexual & Gender Diversity (RCSGD)
03/2016 – 04/2017	Transgender Task Force & Health Services sub-committee
01/2016 – 04/2017	Graduate Fellow, Certificate in College & University Teaching
10/2013 – 06/2015	Graduate Student Representative, Department of Psychology Graduate Affairs Committee
2014	Annual Psychology Mini-Convention Organization Committee
09/2012 – 06/2013	Social Psychology Area Meeting Coordinating Committee

## PROFESSIONAL SERVICE & MEMBERSHIPS

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### Associations/Affiliations

The Society for the Teaching of Psychology, *Member*, 2017- present  
Society for Personality and Social Psychology, *Member*, 2010-present  
Society for the Scientific Study of Sexuality, *Member*, 2014-present  
American Psychological Association, 2016-present

### Ad hoc Reviewer for:

Psychological Science; Psych Bulletin; Psychophysiology (x2); Annals of Behavioral Medicine (x2); Journal of Experimental Social Psychology; Motivation & Emotion; Journal of Social and Personal Relationships; Journal of Relationships Research; Journal of Social Issues; Self & Identity; Stigma & Health; Translational Issues in Psychological Science; Journal of Homosexuality; Journal of Sexual Medicine (x2); Journal of Environmental Psychology; Journal of Culture, Health, and Sexuality (x2); Journal of GLBT Family Studies; Journal of Gay & Lesbian Social Services; Emerging Adolescence

## PROFESSIONAL REFERENCES

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Dr. Elizabeth Page-Gould  
Colleague, Mentor, Associate Chair  
Department of Psychology  
University of Toronto, St. George  
[elizabeth.page.gould@utoronto.ca](mailto:elizabeth.page.gould@utoronto.ca)

Dr. Netta Weinstein  
Mentor & Collaborator  
School of Psychology and Clinical Language  
Sciences  
University of Reading, UK  
[n.weinstein@reading.ac.uk](mailto:n.weinstein@reading.ac.uk)

Dr. Nancy Collins  
Professor and Dissertation Committee  
Member  
Psychological and Brain Sciences  
University of California, Santa Barbara  
[nancy.collins@psych.ucsb.edu](mailto:nancy.collins@psych.ucsb.edu)

